

Resource Title	Author	Publisher	Type	Notes	Keywords
A Caregiver's Guide – A Handbook About End of Life Care	MacMillan, Karen et al	Ottawa: The Military Hospitaller Order of St Lazarus of Jerusalem and the Canadian Hospice Palliative Care Association, 2004. ISBN 0-9686700-1-6	Books/Ref	Easy to understand medical & nursing information for family caregivers.	terminally ill, home care, handbooks, manuals, palliative treatment,
A Caregiver's Guide – For Alzheimer and Related Disease	McCann-Berenger, Judith	Charlottetown: Societe Alzheimer Society, 2000 ISBN 1-894838-11-4	Books/Ref	Practical information for caring for a person with <u>Alzheimer Disease</u> and other dementias.	Alzheimer's disease, patient care
A Good Enough Life (10/06 BOOK OUT)			Books/Ref		
Advice For Surviving & Growing After The Suicide of a Loved One			Books/Ref		
After The Darkest Hour The Sun Will Shine Again (10/06 BOOK OUT)			Books/Ref		
Bearing Up With Cancer: life and living with..	Smith, Annie, MD	Toronto: Second Story Press, 2004. ISBN 1-396764-80-0	Books/Ref	A woman's journey with treatment for cancer.	cancer, illness, inspiration
Chicken Soup For The Caregiver's Soul: stories that inspire caregivers in the home, the community and the world (10/06 BOOK OUT)	Canfield, Jack et al	Florida: Health Communications Inc, 2004	Books/Ref	Short stories to help lift you up.	caregivers, inspiration
Comfort Prayers: prayers and poems to comfort, encourage, and inspire	Cotner, June	Kansas City: Andrews McMeelPublishing, 2004. ISBN 0-7407-4685-5	Books/Ref	Thoughts of those who have survived their own trials and then imparted their wisdom in the form of prayer, poem or prose.	prayers, poems, comfort, inspiration, illness
Easing The Hurt – A Handbook Of Comfort For Families and Friends Of People Who Are Seriously Ill	Latimer, Elizabeth, MD	Elizabeth Latimer, 1998 ISBN N/A	Books/Ref	Help for those who are dealing with serious illness in a loved one or themselves. It is a combination of thought, ideas, suggestions and reflections.	inspiration, illness
The Fall Of Freddy The Leaf	Buscaglia, Leo, PhD	Thorofare: SLACK Incorporated, 1982 (20th Ed) ISBN 0-8050-7195-4	Books/Ref	This is a warm story about how Freddie and his companion leaves change with the passing seasons and the coming of winter.	
Final Gifts	Maggie Callanan, Patricia Kelley	A Bantam Book - Simon &Schuster Inc. ISBN 0-553-3787-7	Books/Ref	Written by a Buddhist monk, this is a simple, yet profound, book about how to look deeply beyond notions of birth and death to our true nature, where there is no fear, only freedom, happiness, peace, and continuation	Death, grief, bereavement

Goodbye Mousie	Harris, Robie H. Illustrated by Jan Ormerod	Aladdin Paperbacks C0 2001(Nov 2004 Ed) New York, New York, USA ISBN 0-689-87134-1	Books/Ref	A boy grieves for his dead pet Mousie, helps to bury him, and begins to come to terms with his loss.	Death, Grief, Mice, Pets
Grief Counseling & Grief Therapy	Worden, J. William	Springer Publishing Co. 2002 (3 rd ed) ISBN 0-8261-4162-5	Books/Ref	A handbook for grief & bereavement for the mental health practitioner .	
I Don't Know How To Help Them	Maurer, Linda K	Nederland: Linda Maurer, 2001 ISBN 0-9686977-2-2	Books/Ref	Assists parents and their family and friends in coping with the loss of a child.	Death, Grief, children
I Don't Know What To Say: how to help and support someone who is dying	Buckman, Robert, MD	Toronto: Key Porter Books, 1988 ISBN 1-55-13-092-7	Books/Ref	This authoritative and empathetic guide offers practical advice for the friends and families of the terminally ill.	terminally ill, illness, grief
In The Center Of The Night: journey through a bereavement	Blankenship, Jayne	Toronto: PaperJacks, 1984. ISBN 0-7701-0400-2	Books/Ref	The true story of a young woman's widowhood and the journey from the anguish of the first months alone to the awareness of the enrichment that grief can bring.	grief, loss, bereavement, widowhood
Miles To Go – A Handbook Of Comfort & Support For People Who Are Seriously Ill	Latimer, Elizabeth, MD	Elizabeth Latimer, 2001 ISBN N/A	Books/Ref	Help for those who are dealing with serious illness. It is a combination of thought, ideas, suggestions and reflections.	illness, inspiration
Night Falls Fast: Understanding Suicide (10/06 BOOK OUT)	Jamison, Kay Redfield	NY: Alfred A Knopf, 1999	Books/Ref	A profound and impassioned book inspired by the author's own attempt at suicide and her journey to life.	suicide, suicidal behavior, children
No Death, No Fear	Hanh, Thich Nhat	New York, Riverhead Books, 2002 ISBN 1-57322-333-6	Books/Ref	A simple book about how to look beyond birth and death to our true nature, where there is no fear, only freedom, happiness and peace.	death, inspiration
Sackville		ISBN N/A	Books/R		
Spring 2005 – Journal Of Palliative Care		ISBN 0-825-8597	Books/R		
Talking About Death			Books/R		
The caregiver's survival handbook: how to care for your aging parents without losing yourself	Abramson, Alexis	NY: A Perigee Book, 2004. ISBN 0-399-52998-5	Books/Ref	Ideas how to care for parents and yourself.	aging parent care, family relationships, caregivers
The Dying Of The Light: Living With Alzheimer's Disease: a personal journey	Olson, Arthur	Burnstown: GSPH, 1992 ISBN 0-919431-53-4	Books/Ref	A husband's experience: personal and practical advice.	Alzheimer's disease, patient care, caregivers, family relationships
The Heart Of Grief	Attig, Thomas	Oxford University Press, 2000 ISBN 0-19-515625-0	Books/Ref	A book of stories and practical suggestions.	

The Little Book Of Hugs	Keating, Kathleen; illustrated by Mimi Noland	NSW: Angus & Robertson Publishers, 1983 (1990 Ed) ISBN 0207-15297-7	Books/Ref	A little book on hugs, promoting health & happiness.	Hugging, hug therapy
The Mourner's Dance	Ashenburg, Katherine	Toronto: Macfarlane Walter & Ross, 2002 ISBN 1-555199-124-1	Books/Ref	It reveals how, in the wake of death, we find solace and go on living.	Mourning customs
The Perfect Stranger's Guide To Funeral	Edited by Stuart M. Matlins	Woodstock: SkyLight Paths Publishing, 2000 ISBN 1-893361-20-9	Books/Ref	A guide to etiquette in othe people's religious ceremonies.	Religious etiquette, United States, Religion 20th century
Tuesdays with Morrie	Albom, Mitch	Batam Doubleday Dell Publishing Group, Inc. Co. 1997 (1st Ed) ISBN 0-385-48451-8	Books/Ref	This is a magical chronicle of a dying professor and his student's time together on Tuesdays.	Schwartz, Morris Brandeis University, Amyotrophic lateral sclerosis, teacher-student relationships, Death
Understanding Prostate Cancer	Pellerin, Colette	Montreal: Rogers Media, 2004. ISBN 2-922260-14-3	Books/Ref	A clear guide to the most recent strategies for managing prostate cancer, its causes and the treatment options available.	Prostate cancer, illness
What Can I Say and Do? How to support someone who is grieving a loss	Osmont, Kelly	Omaha: Centering Corporation, 2000 ISBN 1-56123-131-2	Books/Ref	To help you with other grieving or needing emotional support.	grief, bereavment
What Children Need When They Grieve	Rathkey, Julia Wilcox	Three Rivers Press, New York, New York, USA Co. 2004 (1st ed) ISBN 1-4000-5116-9	Books/Ref	From the experience of her husband's death (at the World Trade Centre), the author shares a guide for helping children cope with death.	Grief in Children, Bereavement in Children, Loss in Children, Child Rearing
What To Eat When You Don't Feel Like Eating (10/06 BOOK OUT)	Haller, James		Books/Ref	A book designed for cancer patients, those facing life threatening diseases, and for those now started on the road to recovery.	
When A Parent Is Sick: helping parents explain serious illness to children	Halmilton, Joan	Lawrencetown Beach: Pottersfield Press, 2001 ISBN 1-895900-40-9	Books/Ref	This book provides parents and other caregivers with suggestions on how to approach children with the information that their parent is seriously ill.	parent and child, illness, caregivers, grief, bereavment
Widowed	Brothers, Joyce, MD	NY: Ballantine Books, 1990 ISBN 0-345-37400-2	Books/Ref	Author shares her intimate journey of widowhood, and offers the knowledge she has gained on the way.	widowhood, grief, bereavement
Why did Grandpa die?	Hazen, Barbara Shook ; Illustrated by Pat Schories	Western Publishing Co, 1985 ISBN 3-307-12484-3	Books/Ref	This story shows children the comfort of sharing feelings, and how the memory can help to wash away the sadness of a death.	children, grief, bereavement, family relationships
Decisions Of The Heart			VHS		
Making Every Moment Count			VHS		

Caring For Loved Ones At Home			DVD	
CBC: Passionale Eye- Children Full Of Life			DVD	Follows a classroom of students in Japan who, over a period of time, learn to share their feelings and coping mechanisms after having lost someone dear to them.
Wit			DVD	For Health Professionals only- A Dying Woman's Journey with Cancer.
Classical Masterpieces – The Best Of 25 Piano Favorites			CD	
Classical Masterpieces – The Best Of Chopin			CD	
Classical Masterpieces – The Best Of Classics For Relaxation			CD	
Classical Masterpieces – The Best Of Classics For Meditation			CD	
The Healing Garden – Balance			CD	
The Healing Garden – Energy			CD	
The Healing Garden – Relaxation			CD	
The Healing Garden – Sleep well			CD	

Contributor	
Patty	Support
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	Grief,Bev
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Patty	Children
Patty	Grief, Bev

Heather	Children
Lesley	Grief, Bev
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Lesley	Grief, Bev
Shirley	Support
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Lesley	Grief, Bev

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